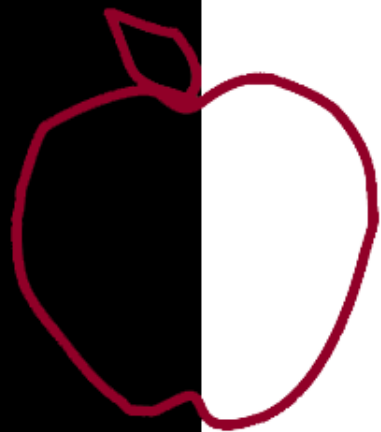




HERB & DRUG INTERACTIONS

Herbs and drugs will interact differently with every individual. The information listed is generalized for the public. If you take any medications on a daily basis or you are pregnant or breastfeeding, consult your doctor or pharmacist before using herbs.



SAW PALMETTO

COMMON INDICATIONS

Relieves symptoms related to prostate enlargement (without reducing enlargement).

SIDE EFFECTS

Gastrointestinal tract upset (rare).

DRUG INTERACTION

No significant adverse effects reported in clinical studies.
Caution with use in combination with hormones, hormone like drugs or adrenergic drugs.

References

O'Hare M, Kiefer D, Farrell, Kemper K. A review of 12 commonly used medicinal herbs. *Arch Fam Med*. Available at: http://www.ama-assn.org/sci-pubs/journals/archive/fami/vol_7/no_6/fsa8005.htm. Accessed February 12, 1999.

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